

SNIPPETS



*Happy
Thanksgiving*

Officers & Chairpersons

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Hospitality

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Bobbi Callison 843 267-7763

Projects / Challenges

Visit the website for current
Committee Chairpersons

Web Page

coastalcarolinaquilters.com

President's Message

Hi Everyone:

Well, this has been quite a year! Can you believe we are in November? This newsletter has lots and lots of information. We have a lot going on these next two months.

We are collecting our Holiday luncheon monies. The price is \$11.00 and we ask that you give that money to Bobbi Callison.

Next, we are now collecting 2020 dues. Our Treasurer will take your money for that, so please see Karen Bennett.

We have received notice about Meet the Quilters. It will be Thursday, March 26, 2020 and the featured artist is Jan Krentz. She will hold two classes on Quick Star Quilts & Beyond. Each class can only hold 20 students and will be on a first come basis. If you want to take that class please get your money to Brenda Call, asap. They will have a reserve list if someone drops out. The class will be held at the Rec Center on Friday, March 27 or Saturday, the 28th.

Our meeting on the 18th is all about "Quilt-As-You-Go." So, if you want to finish your quilts at home and free motion quilting scares the heck out of you, then this demo is for you!

Just a reminder, December 16th we will have our usual holiday get-together with fun and games and we will have election of officers! Jan McGinty is chairwoman of the nominating committee and if you or someone you know would like to run for an office, please see Jan. If you would like to be part of any other committee to get involved in helping our guild, please volunteer. A good guild needs lots of helping hands!

See you on the 16th.

Kathy Aparicio



Notes from Jerre

To-Do List

- * Wear your name tag and a smile!
- * Please don't park in front of the mailboxes.
- * Bring show and tell.
- * Bring PHDs — last chance for this year.
- * Bring toiletries for Fostering Hope
- * Check the things you left on the "Free" table.

November 18th Program - Quilt As You Go (QAYG) is a great way to finish blocks when you don't have the space to spread out and quilt a large quilt. At this round table demo we will have four quilters - Cindi Mitchell, Carole Johnson, Sherry Nguyen and Debbie Burmer - who will show us the various ways they accomplish this technique. This promises to be interesting and informative. There will be time in the afternoon for you to practice what you've learned in the morning.

Thank You!!!!!! - Thank you to Anna Henry for jumping in and obtaining the use of a room at her church for our October meeting. Thank you, also, to Brenda for getting classroom at the Rec center for the HissyFitz class. The room was a bit tight but the teacher, Sandy Fitzpatrick, said it was her best class ever.

Special Note from Jerre - I am unable to continue collecting batting/scrap for dog beds. If anyone wishes to continue this worthwhile project, I have decorator fabric suitable for making the beds and there are several shelters eager to get the beds. Give me a call if you're interested - 843-215-4189.

Fall Challenge - Make a quilt depicting something from the state you're from. It can be the state flower, state bird, state colors, state tree — you get the idea. It could also be all of the above. Size is up to you: pillow, table topper, table runner, lap quilt, tote bag. Just pin a note on it indicating which state it is. State quilts are due at the December meeting. There will be voting and prizes. Have fun with this.

Membership Dues - We will begin collecting 2020 membership dues in November. Dues are \$25 for the year and checks should be made payable to CCQ. If you are paying cash, please bring the exact amount. We won't have any change.

We will have the current membership list available so you can verify your information and make any necessary changes.

CCQ members wanting to mail their 2020 dues should send a \$25 check payable to "CCQ" to Anna Henry, 285 Hyacinth Loop, Murrells Inlet, SC 29576-6548. Please include any updates to your contact information with your dues payment.

Thanks!

Anna Henry & Carol Lloyd



December 16th Meeting and Luncheon - Your program committee always plans fun things for our December meetings and this year will be no exception. You won't want to miss it. More info will be in the next newsletter.

Our meal this year will be provided by Serafino's.

The cost is **\$11 per person** and will include:

Baked Rigatoni with meatballs

Baked Rigatoni - meatless

Tossed Salad w/dressing

Cheese Pizzas

Veggie Pizzas

Garlic Bread

Plus all paper products

Karen Bennett will collect your money. **\$\$\$\$\$\$**

Even if you choose not to participate in the meal, come to the meeting anyway, bring your lunch and join in the fun and games.

Member e-mail update

Ronnie Sue Bruton has a new e-mail. Please update your roster:

batteryoaks@icloud.com

This is a bit long but as many of us are between 65 and death (i.e. old), it's good advice to follow.

As We Age

- 1.** It's time to use the money you saved up. Use it and enjoy it. Don't just keep it for those who may have no notion of the sacrifices you made to get it. Remember there is nothing more dangerous than a son or daughter-in-law with big ideas for your hard-earned capital. **Warning:** This is also a bad time for investments, even if it seems wonderful or fool-proof. They only bring problems and worries. This is a time for you to enjoy some peace and quiet.
- 2.** Stop worrying about the financial situation of your children and grandchildren, and don't feel bad spending your money on yourself. You've taken care of them for many years, and you've taught them what you could. You gave them an education, food, shelter and support. The responsibility is now theirs to earn their own money.
- 3.** Keep a healthy life, without great physical effort. Do moderate exercise (like walking every day), eat well and get your sleep. It's easy to become sick, and it gets harder to remain healthy. That is why you need to keep yourself in good shape and be aware of your medical and physical needs. Keep in touch with your doctor, do tests even when you're feeling well. Stay informed.
- 4.** Always buy the best, most beautiful items for your significant other. The key goal is to enjoy your money with your partner. One day one of you will miss the other, and the money will not provide any comfort then. Enjoy it together
- 5.** Don't stress over the little things. You've already overcome so much in your life. You have good memories and bad ones, but the important thing is the present. Don't let the past drag you down and don't let the future frighten you. Feel good in the now. Small issues will soon be forgotten.
- 6.** Regardless of age, always keep love alive. Love your partner, love life, love your family, love your neighbor and remember: "A man is not old as long as he has intelligence and affection."
- 7.** Be proud, both inside and out. Don't stop going to your hair salon or barber, do your nails, go to the dermatologist and the dentist, keep your perfumes and creams well stocked. When you are well-maintained on the outside, it seeps in, making you feel proud and strong.
- 8.** Don't lose sight of fashion trends for your age, but keep your own sense of style. There's nothing worse than an older person trying to wear the current fashion among youngsters. You've developed your own sense of what looks good on you – keep it and be proud of it. It's part of who you are.
- 9.** ALWAYS stay up-to-date. Read newspapers, watch the news. Go online and read what people are saying. Make sure you have an active email account and try to use some of those social networks. You'll be surprised what old friends you'll meet. Keeping in touch with what is going on and with the people you know is important at any age.
- 10.** Respect the younger generation and their opinions. They may not have the same ideals as you, but they are the future, and will take the world in their direction. Give advice, not criticism, and try to remind them that yesterday's wisdom still applies today.
- 11.** Never use the phrase: "In my time." Your time is now. As long as you're alive, you are part of this time. You may have been younger, but you are still you now, having fun and enjoying life.
- 12.** Some people embrace their golden years, while others become bitter and surly. Life is too short to waste your days on the latter. Spend your time with positive, cheerful people, it'll rub off on you and your days will seem that much better. Spending your time with bitter people will make you older and harder to be around.
- 13.** Do not surrender to the temptation of living with your children or grandchildren (if you have a financial choice, that is). Sure, being surrounded by family sounds great, but we all need our privacy. They need theirs and you need yours. If you've lost your partner (our deepest condolences), then find a person to move in with you and help out. Even then, do so only if you feel you really need the help or do not want to live alone.

- 14.** Don't abandon your hobbies. If you don't have any, make new ones. You can travel, hike, cook, read, dance. You can adopt a cat or a dog, grow a garden, play cards, checkers, chess, dominoes, golf. You can paint, volunteer or just collect certain items. Find something you like and spend some real time having fun with it.
- 15.** Even if you don't feel like it, try to accept invitations. Baptisms, graduations, birthdays, weddings, conferences. Try to go. Get out of the house, meet people you haven't seen in a while, experience something new (or something old). But don't get upset when you're not invited. Some events are limited by resources, and not everyone can be hosted. The important thing is to leave the house from time to time. Go to museums, go walk through a field. Get out there.
- 16.** Be a conversationalist. Talk less and listen more. Some people go on and on about the past, not caring if their listeners are really interested. That's a great way of reducing their desire to speak with you. Listen first and answer questions, but don't go off into long stories unless asked to. Speak in courteous tones and try not to complain or criticize too much unless you really need to. Try to accept situations as they are. Everyone is going through the same things, and people have a low tolerance for hearing complaints. Always find some good things to say as well.
- 17.** Pain and discomfort go hand in hand with getting older. Try not to dwell on them but accept them as a part of the cycle of life we're all going through. Try to minimize them in your mind. They are not who you are, they are something that life added to you. If they become your entire focus, you lose sight of the person you used to be.
- 18.** If you've been offended by someone – forgive them. If you've offended someone - apologize. Don't drag around resentment with you. It only serves to make you sad and bitter. It doesn't matter who was right. Someone once said: "Holding a grudge is like taking poison and expecting the other person to die." Don't take that poison. Forgive, forget and move on with your life.
- 19.** If you have a strong belief, savor it. But don't waste your time trying to convince others. They will make their own choices no matter what you tell them, and it will only bring you frustration. Live your faith and set an example. Live true to your beliefs and let that memory sway them.
- 20.** Laugh. Laugh A LOT. Laugh at everything. Remember, you are one of the lucky ones. You managed to have a life, a long one. Many never get to this age, never get to experience a full life. But you did. So what's not to laugh about? Find the humor in your situation.
- 21.** Take no notice of what others say about you and even less notice of what they might be thinking. They'll do it anyway, and you should have pride in yourself and what you've achieved. Let them talk and don't worry. They have no idea about your history, your memories and the life you've lived so far. There's still much to be written, so get busy writing and don't waste time thinking about what others might think. Now is the time to be at rest, at peace and as happy as you can be!

REMEMBER: "Life is too short to drink bad wine and warm beer."

